

The State of Washington



Proclamation

WHEREAS, approximately 13 percent of Washingtonians are 65 years of age or older;
and

WHEREAS, one out of three adults age 65 and older will fall each year, but less than half talk to their healthcare providers about it; and

WHEREAS, falls are the leading cause of injury death and the most common cause of nonfatal injuries and hospital admissions for trauma; and

WHEREAS, by the year 2020, the annual direct and indirect cost of fall injuries in the United States, is expected to reach 67.7 billion dollars; and

WHEREAS, older adults can remain independent and reduce their chances of falling through regular exercise, reviewing their medication with a health care provider, having their eyes checked annually and making their home safer by installing safety devices;

NOW THEREFORE, I, Jay Inslee, Governor of the state of Washington, do hereby proclaim September 20-26 2015 as

Fall Prevention Awareness Week

in Washington, and I urge all people in our state to join me in this special observance.

Signed this 7th day of August, 2015

A blue ink signature of Governor Jay Inslee, written in a cursive style.

Governor Jay Inslee

